



DISTRICT OFFICE
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Dear Coach,

Our adopted Board Policy guiding paid and volunteer coaching requirements states that **all WUSD coaches** must complete several trainings before being authorized to coach our students. These are the required trainings/certifications you must take and how long they authorize you to coach:

- In person CPR/First Aid certification (valid for 2 years)
- Mandated Reporter: Child Abuse Prevention course (valid for 1 year)
- Heat Illness Prevention training (valid for 2 years)
- Concussion awareness training (valid for 2 years)
- Sudden cardiac arrest training (valid for 2 years)
- CIF approved coaching education program (only needed once in a lifetime of coaching)

The following are the District's recommendations for completing these requirements.

CPR/First Aid: In person certification can be obtained by taking a class in the greater Sacramento area. By going online, you can sign up for in-person CPR/First Aid training most weekends. We recommend NorCal CPR, Red Cross, Star CPR Sacramento, or Pro CPR Classes. See the back of this page for more information.

Mandated Reporter training must be done online on the Keenan SafeSchools website. The website also has Heat Illness, Concussion and Sudden Cardiac Arrest training. Instructions to log on to Keenan SafeSchools can be found on the back of this page.

The CIF approved Fundamentals of Coaching training must be completed on the National Federation of State High School Associations website. The course costs \$50. You can find this training on <https://nfhslearn.com/courses/61113/fundamentals-of-coaching> . You can also complete your Concussion and Sudden Cardiac Arrest training on the NFHS website if you do not take it on Keenan SafeSchools.

Minimum requirements to become a coach are Live Scan, TB Clearance and CPR / FA Certification. You will have 30 days after your assignment starts to complete the online trainings.

You will be reimbursed for the costs of the CPR/ FA and Fundamentals of Coaching trainings. Please submit your receipts after your certificates are obtained.

Thank you,

WUSD Human Resources Department
(916) 375-7604
aflores@wusd.k12.ca.us or dwithere@wusd.k12.ca.us



Log on instructions:

1. Using your web browser, go to: <http://wusd.keenan.safeschools.com/login>
2. Enter your username: **jsmith**
EXAMPLE: *jsmith* (If this does not work, please try your full first and last name, example *janesmith*)
3. Once you enter your username, the system will verify who you are. If it is correct, click the "Log Me In" button on that page.
4. Start a course by clicking on the course title. The courses have audio so be sure to turn up your speakers.
5. You must complete each section of the course and pass the quiz in order to receive full credit.

Sacramento Region-Sign up for in person First Aid/CPR:

<http://norcalcpr.enrollware.com/calendar> \$55

<http://www.redcross.org> \$99

<http://www.starcpresacramento.com/index.html> \$75

<https://www.procpclasses.com/certification-classes/cpr-first-aid/> \$30-not offered often, plan ahead
